

**2011 MVP HEALTH CARE ROCHESTER MARATHON  
WATER STOP LOCATIONS**

**HALF MARATHON COURSE**

<b>MILE MARKER #</b>	<b>WATER STOP LOCATION</b>	<b>PORT-A POTTIES</b>	<b>COURSE NUTRITION (All stops have Water)</b>
START	Andrews Street Bridge	YES	
2	935 East Avenue		
3	Wegmans: East & Winton	YES	
5.5	Clinton & Highland		Gatorade*
7	Brighton Town Park	YES	Gu Energy Gel**
8	Kendrick @ Erie Canal		Gatorade*
9	Genesee Valley Park @ Erie Canal		Gatorade*
10.5	Wilson Blvd. -U of R		Gatorade*
11.5	Ford St. & Exchange		Gatorade*
FINISH	13.1 FINISH LINE	YES	Gatorade*

**\*Gatorade Flavors:** Lemon-Lime, Riptide Rush and Glacier Freeze

**\*\*Gu Flavors:** Vanilla Bean, Chocolate Outrage, Strawberry Banana, Jet Blackberry, Mandarin Orange, Blueberry Pomegranate Roctane