



MVP HEALTH CARE ROCHESTER MARATHON

An Event of the Arthritis Foundation

2011 Full Marathon Course Description

This is a description of the MVP Health Care Rochester Marathon 26.2 mile course:

Runners for the full marathon will be staged along the Andrews Street Bridge. At the sound of the gun, you will leave the starting line on Andrews and make a right turn onto Liberty Pole Way. You will cross Main Street and continue down East Avenue going east until you reach St. John Fisher College at the corner of Fairport Road and East Avenue. You will bare left onto Fairport Rd. traveling east until you reach Church St. at Perinton Park at the Village of Fairport, Town of Perinton.

You will turn onto the Erie Canal Bike path for 12 miles traveling past Bushnell's Basin, Embankment Park, Schoen Place, and the Town of Pittsford passing two historic canal locks and on to Genesee Valley Park. Genesee Valley Park is located along the eastern bank of the Genesee River within the City of Rochester and is a unique park that is dominated by three intersecting waterways, Red Creek, the Genesee River and the New York State Barge Canal.

You will bear right (north) toward the University of Rochester and Elmwood Avenue. As you approach Elmwood Avenue, bear left to go under the bridge. The path winds back to the street level at this point. You will pass a river overlook platform and continue along the path where you will bear left going downhill past the back of the University of Rochester chapel under the pedestrian bridge, then uphill along Wilson Boulevard overlooking the Genesee River. You will run under an abandoned railroad bridge. At this point notice the grand view of downtown Rochester as you glance down the river to your left. You will now pass through a small residential area and the Episcopal Church Home.

You will leave the bike path and travel left over the Ford Street Bridge. This bridge was repaired to its early 20th century splendor in 2002 and is a beautiful sight to behold. As you cross over the bridge and make a right turn onto Exchange Blvd. you will enter the quaint Corn Hill neighborhood. Corn Hill, an intact, historic treasure on the banks of the Genesee River is, at the same time, the city's oldest neighborhood...and it's newest. It is a revitalized landmark community whose streets are lined with a variety of magnificently restored 19th century homes in a variety of modest and elaborate styles mixed with 20th century townhouses and condominiums designed to mix harmoniously with the old. At the intersection of Exchange Street and Plymouth Ave. you will merge left onto Plymouth Ave.

Traveling north on Plymouth Avenue you will head back towards Frontier Field. You will continue on Plymouth Avenue until you reach Morrie Silver Way. You will turn left on Morrie Silver Way and finish near the Red Wings Store in front of Frontier Field.

You have now completed the MVP Health Care Rochester Marathon to benefit the Arthritis Foundation Upstate New York Chapter!

