

Preferred Care Rochester Marathon
Sunday, September 14th, 2008
Timed by YellowJacket Racing
Total Finishers 566 Indiv. (Men - 356, Female 210)

Pos	Bib	Fullname	Gender	Class	Age	City	StartTm	Net Time	Gun Time	Pace
Overall Male										
	1	435 David Rappleyea	M	Overall Male	23	Rochester	00:00.0	2:37:40	2:37:40	06:01
	2	187 Justin Fyffe	M	Overall Male	28	E. Dummerston	00:01.4	2:40:53	2:40:54	06:08
	3	62 Dave Bradshaw	M	Overall Male	29	Macedon	00:00.0	2:43:28	2:43:28	06:14
Overall Female										
	1	485 Jill Skivington	F	Overall Female	28	Rochester	00:01.5	3:00:02	3:00:04	06:52
	2	598 Susan Yagielski	F	Overall Female	33	Irondequoit	00:01.0	3:05:32	3:05:33	07:05
	3	615 Shannon McHale	F	Overall Female	38	Marcellus	00:02.2	3:28:31	3:28:33	07:58
Overall Masters Male										
	1	276 Matt Kellman	M	Overall Masters Male	44	Penfield	00:01.3	3:04:48	3:04:49	07:03
	2	566 Andrew Welsh-Huggins	M	Overall Masters Male	46	Columbus	00:04.3	3:05:21	3:05:25	07:05
Overall Masters Female										
	1	493 Cristy Snellgroves	F	Overall Masters Female	42	Bradenton	00:04.4	3:37:34	3:37:39	08:18
	2	405 Theresa Palmieri	F	Overall Masters Female	45	Buffalo	00:14.5	3:52:31	3:52:45	08:53
Wheelchair										
	1	520 C. Swaim	M	Wheelchair	62	Strasburg			1:42:35	03:55
	2	43 Ken Bestine	M	Wheelchair	42	Clymer			2:00:24	04:36
F18UNDER										
	1	614 Stephanie Blackwell	F	F18UNDER	18	Rochester	00:04.7	6:26:38	6:26:43	14:46
F19-24										
	1	416 Elizabeth Pflighardt	F	F19-24	22	Rochester	00:10.7	3:44:36	3:44:47	08:35
	2	68 Allyson Brown	F	F19-24	23	Honeoye Falls	00:12.3	3:46:28	3:46:41	08:39
	3	421 Samantha Pobuda	F	F19-24	24	Marion	00:19.9	4:16:09	4:16:29	09:47
	4	636 Heather Wolfe	F	F19-24	22	Fairport	00:09.2	4:22:53	4:23:03	10:02
	5	445 Stephanie Roberts	F	F19-24	22	Rochester	00:13.0	4:26:53	4:27:06	10:12
	6	260 Kelly Jackson	F	F19-24	22	Rochester	00:26.1	4:34:15	4:34:41	10:29
	7	519 Christine Suss	F	F19-24	22	Rochester	00:07.8	4:34:36	4:34:44	10:29
	8	379 Dana Nelson	F	F19-24	20	Rochester	00:07.2	4:36:47	4:36:54	10:34
	9	668 Amanda Antinoro	F	F19-24	23	Rochester	00:25.9	4:44:24	4:44:50	10:52
	10	573 Jennifer Whigham	F	F19-24	22	Hilton	00:09.9	5:12:48	5:12:57	11:57
	11	279 Svetlana Khaimchayev	F	F19-24	20	Williamsville NY	00:04.3	5:16:43	5:16:48	12:05
	12	186 Brittany Fucci	F	F19-24	23	Rochester	00:06.5	5:24:37	5:24:43	12:24
	13	101 Mary Clausen	F	F19-24	23	Tonawanda	00:07.9	5:31:28	5:31:35	12:39
	14	569 Adrienne West	F	F19-24	22	Rochester	00:20.7	5:34:10	5:34:31	12:46
	15	432 Kaitiin Raines	F	F19-24	24	Rochester	00:28.4	5:50:01	5:50:29	13:23
	16	305 Jenna Lewis	F	F19-24	23	Rochester	00:13.2	6:12:45	6:12:59	14:14
	17	633 Bunny Dugo	F	F19-24	24	Rochester	00:24.5	6:13:50	6:14:14	14:17
	18	514 Katie Streff	F	F19-24	24	Austin	00:14.1	6:16:54	6:17:08	14:24

F25-29

1	316	Elizabeth Madore	F	F25-29	28	Pittsford	00:07.7	3:47:31	3:47:39	08:41
2	18	Stacey Arnold	F	F25-29	27	Ontario	00:05.8	3:53:45	3:53:51	08:56
3	422	Emily Pollina	F	F25-29	25	Ithaca	00:11.7	4:02:00	4:02:11	09:15
4	453	Nicole Rothenberger	F	F25-29	26	Saratoga Springs	00:07.2	4:09:49	4:09:56	09:32
5	121	Lisa Curtin	F	F25-29	25	Cambridge	00:09.0	4:09:50	4:09:59	09:32
6	160	Joanne Ehman	F	F25-29	26	Buffalo	00:13.3	4:10:39	4:10:52	09:35
7	498	Alison Spath	F	F25-29	29	North Chili	00:14.0	4:14:59	4:15:13	09:44
8	299	Melissa Lehr	F	F25-29	28	New Albany	00:07.6	4:17:47	4:17:55	09:51
9	595	Joanne Wu	F	F25-29	27	Rochester	00:02.5	4:20:38	4:20:40	09:57
10	491	Paige Smith	F	F25-29	29	Rochester	00:06.8	4:22:00	4:22:06	10:00
11	270	Connie Kapfer	F	F25-29	28	Deerfield	00:12.4	4:27:53	4:28:06	10:14
12	417	Britta Phillips	F	F25-29	29	Rochester	00:06.4	4:30:49	4:30:56	10:20
13	357	Ashley Miltenberger	F	F25-29	25	Montclair	00:11.5	4:38:01	4:38:13	10:37
14	360	Shannon Moran	F	F25-29	26	Waterbury	00:03.3	4:38:27	4:38:30	10:38
15	411	Rae Pellegrino	F	F25-29	25	Fairport	00:12.5	4:38:28	4:38:41	10:38
16	278	Erin Kenny	F	F25-29	26	Buffalo	00:25.3	4:43:29	4:43:54	10:50
17	444	Emily Riegel	F	F25-29	25	Rochester	00:03.8	4:46:06	4:46:10	10:55
18	245	Tami Holihan	F	F25-29	26	Rochester	00:22.2	4:46:25	4:46:48	10:57
19	356	Heather Millhouse	F	F25-29	29	Rochester	00:24.4	4:47:29	4:47:54	10:59
20	605	Trisha Zeller	F	F25-29	26	Rochester	00:19.1	4:50:13	4:50:32	11:05
21	75	Diana Butterfield	F	F25-29	28	Fayetteville	00:17.5	4:51:27	4:51:44	11:08
22	337	Kate McClintic	F	F25-29	29	Rochester	00:23.0	4:59:27	4:59:50	11:27
23	58	Marie Boulerice	F	F25-29	27	Mooers	00:09.4	5:00:19	5:00:29	11:28
24	134	Rachael DellaPietra	F	F25-29	29	Webster	00:23.5	5:05:45	5:06:08	11:41
25	594	Laurie Worthington	F	F25-29	25	Rochester	00:05.9	5:06:06	5:06:12	11:41
26	412	Deanna Pennetta	F	F25-29	26	Charlotte	00:06.1	5:07:04	5:07:10	11:43
27	550	Rebecca Vanderhoff	F	F25-29	29	Rochester	00:15.0	5:10:35	5:10:50	11:52
28	652	Bridget Brown	F	F25-29	29	East Rochester	00:11.7	5:15:59	5:16:11	12:04
29	281	Stephanie Kindel	F	F25-29	28	Mystic	00:24.4	5:16:32	5:16:56	12:06
30	210	Lara Greczyn	F	F25-29	27	Watertown	00:09.3	5:17:12	5:17:21	12:07
31	390	Nicole Nowicki	F	F25-29	27	Cheektowaga	00:22.7	5:17:05	5:17:28	12:07
32	114	Leonette Cox	F	F25-29	28	Rochester	00:19.3	5:17:29	5:17:49	12:08
33	354	Bridget Miller	F	F25-29	26	Rochester	00:25.9	5:34:21	5:34:47	12:47
34	544	Jessica Ulmer	F	F25-29	29	Tonawanda	00:08.7	5:36:22	5:36:31	12:51
35	609	Nicole Healy	F	F25-29	26	Westbury	00:21.9	5:38:05	5:38:27	12:55
36	174	Kate Finn-McElhiney	F	F25-29	29	Victor	00:14.2	5:45:26	5:45:40	13:12
37	350	Danielle Meagher	F	F25-29	28	Rochester	00:26.1	6:02:06	6:02:32	13:50
38	29	Lisa Barnes	F	F25-29	29	Syracuse	00:21.5	6:02:10	6:02:32	13:50
39	142	Apeksha Desai	F	F25-29	28	Rochester	00:24.4	6:04:57	6:05:21	13:57

F30-34

1	95	Becky Charpinsky	F	F30-34	33	Webster	00:03.3	3:44:55	3:44:58	08:35
2	433	Tracie Rall	F	F30-34	30	Clay	00:08.4	3:52:57	3:53:05	08:54
3	128	Heather Danielson	F	F30-34	33	Rochester	00:08.2	3:56:48	3:56:56	09:03
4	166	Christen Enright	F	F30-34	33	Orchard Park	00:01.6	4:02:41	4:02:43	09:16
5	83	Andrea Cammarata	F	F30-34	32	Fairport	00:12.7	4:18:40	4:18:52	09:53
6	130	Kirsten Davis	F	F30-34	33	Rochester	00:08.6	4:21:42	4:21:50	10:00
7	2	Wendy Abbott	F	F30-34	34	Rochester	00:15.6	4:26:35	4:26:50	10:11
8	577	Sarah White	F	F30-34	32	Rochester	00:06.9	4:30:14	4:30:21	10:19
9	172	Maeve Feola	F	F30-34	34	Rochester	00:17.2	4:34:59	4:35:16	10:30
10	206	Kari Graf	F	F30-34	34	Bradenton	00:14.9	4:36:39	4:36:54	10:34
11	67	Mary Brooks	F	F30-34	34	Fairport	00:23.4	4:36:36	4:36:59	10:34
12	420	Melinda Pizzo	F	F30-34	30	Penfield	00:17.0	4:37:59	4:38:16	10:37
13	389	Charity Nothnagle	F	F30-34	32	Rochester	00:06.7	4:38:20	4:38:27	10:38
14	282	Susan Kindel	F	F30-34	30	Rochester	00:24.6	4:38:04	4:38:29	10:38

15	28	Madhvi Bansal	F	F30-34	33	Pittsford	00:15.6	4:39:38	4:39:54	10:41
16	538	Julie Tobolski	F	F30-34	30	Oakfield	00:14.4	4:41:10	4:41:25	10:44
17	575	Laura White	F	F30-34	30	Newton	00:22.1	4:41:55	4:42:17	10:46
18	600	Christine Yerdon	F	F30-34	32	Fairport	00:24.5	4:49:25	4:49:49	11:04
19	77	Jessica Callanan	F	F30-34	32	Hackettstown	00:24.5	4:49:25	4:49:50	11:04
20	280	Susan Kim	F	F30-34	33	Penfield	00:10.4	4:52:39	4:52:50	11:11
21	80	Katie Cameron	F	F30-34	32	Scottsville	00:13.0	4:53:51	4:54:04	11:13
22	71	Marla Bureau	F	F30-34	31	Saratoga Springs	00:07.2	4:54:45	4:54:53	11:15
23	85	Jaclynn Campbell	F	F30-34	30	Arlington	00:14.9	4:55:13	4:55:28	11:17
24	82	Lisa Camillaci	F	F30-34	34	Hilton	00:18.1	5:00:30	5:00:48	11:29
25	522	Jennifer Swartz	F	F30-34	31	Webster	00:10.8	5:04:06	5:04:17	11:37
26	21	Jessica Askin	F	F30-34	30	Geneva	00:17.6	5:08:18	5:08:35	11:47
27	619	Andrea Groff	F	F30-34	31	Canandaigua	00:25.7	5:10:58	5:11:24	11:53
28	472	Melissa Shaw	F	F30-34	32	E. Rochester	00:26.6	5:12:04	5:12:31	11:56
29	447	Jennifer Rodrigues	F	F30-34	32	Corning	00:25.7	5:22:15	5:22:41	12:19
30	616	Tricia Ross	F	F30-34	31	El Dorado Hills	00:11.3	5:42:18	5:42:30	13:04
31	204	Crystal Goss	F	F30-34	31	Endicott	00:27.7	5:53:04	5:53:31	13:30
32	511	Christine Stevens	F	F30-34	30	Newark	00:20.3	5:58:19	5:58:39	13:41
33	8	Heidi Aguiar	F	F30-34	30	Hamlin	00:26.1	6:12:09	6:12:35	14:13
34	178	Jennifer Foltz	F	F30-34	32	Rochester	00:27.7	6:16:36	6:17:04	14:24
35	25	Lisa Baker	F	F30-34	32	Edinboro	00:24.5	6:36:02	6:36:26	15:08

F35-39

1	162	Sarah Eighmey	F	F35-39	37	Geneva	00:16.4	3:38:55	3:39:11	08:22
2	55	Dionne Bothner	F	F35-39	38	Pittsford	00:11.9	3:43:38	3:43:50	08:33
3	407	Laura Papas	F	F35-39	36	Pittsburgh	00:07.0	3:57:55	3:58:02	09:05
4	213	Carol Griffin	F	F35-39	39	Geneva	00:16.9	4:13:41	4:13:58	09:42
5	64	Kristen Brennan	F	F35-39	35	Rochester	00:09.4	4:17:04	4:17:14	09:49
6	471	Melissa Senall	F	F35-39	36	Fairport	00:10.6	4:17:15	4:17:25	09:50
7	60	Denise Boyce	F	F35-39	39	LeRoy	00:13.6	4:18:33	4:18:47	09:53
8	409	Deborah Patterson	F	F35-39	39	Parish	00:06.8	4:21:30	4:21:37	09:59
9	607	Karen Zuckerman	F	F35-39	37	Tampa	00:12.3	4:25:22	4:25:34	10:08
10	541	Tanna Traub	F	F35-39	37	Penfield	00:18.8	4:31:32	4:31:51	10:23
11	144	Lori Devitt	F	F35-39	38	Rochester	00:05.9	4:33:08	4:33:14	10:26
12	167	Theresa Ensell	F	F35-39	35	Allegany	00:15.5	4:34:19	4:34:35	10:29
13	376	Kelly Nash	F	F35-39	37	Rochester	00:14.4	4:34:21	4:34:35	10:29
14	388	Valerie Nolan	F	F35-39	39	Pittsford	00:16.5	4:34:19	4:34:36	10:29
15	240	Suzanne Hippel	F	F35-39	38	Webster	00:09.9	4:36:46	4:36:56	10:34
16	35	Jennifer Baxter	F	F35-39	37	Rochester	00:04.1	4:44:36	4:44:40	10:52
17	369	Christine Murphy	F	F35-39	38	Bethel Park	00:42.5	4:44:42	4:45:25	10:54
18	387	Gina Nobes	F	F35-39	36	Fairport	00:14.3	4:47:33	4:47:47	10:59
19	660	Angela Kreisman	F	F35-39	38	Pittsford	00:28.8	4:48:36	4:49:05	11:02
20	590	Rachel Wolfe	F	F35-39	38	Webster	00:10.6	4:49:54	4:50:04	11:04
21	639	Colette Madison	F	F35-39	39	Pittsford	00:16.9	4:54:27	4:54:44	11:15
22	524	Tracy Swietoniowski	F	F35-39	38	Auburn	00:21.1	5:01:36	5:01:57	11:31
23	385	Johanna Nieboer	F	F35-39	38	Churchville	00:10.0	5:02:39	5:02:49	11:33
24	318	Joann Maher	F	F35-39	37	Fabius	00:15.3	5:03:19	5:03:35	11:35
25	464	Katie Schlierf	F	F35-39	35	Rochester	00:10.0	5:05:47	5:05:57	11:41
26	673	Elizabeth Adams	F	F35-39	36	Geneseo	00:26.9	5:10:24	5:10:51	11:52
27	496	Christina Sorbello	F	F35-39	36	Syracuse	00:21.0	5:17:54	5:18:15	12:09
28	426	Amy Principato	F	F35-39	37	Canandaigua	00:25.3	5:19:03	5:19:28	12:12

29	503	Beck Srikoulabouth	F	F35-39	35	Atlanta	00:18.6	5:25:14	5:25:33	12:26
30	325	Kristen Marron	F	F35-39	36	Breckenridge	00:22.6	5:31:43	5:32:05	12:41
31	506	Kelly Steamer	F	F35-39	39	Fairport	00:07.6	5:34:40	5:34:48	12:47
32	87	Cynthia Cappiello	F	F35-39	39	Spencerport	00:14.2	5:41:06	5:41:21	13:02
33	674	Kathy Fleming	F	F35-39	37	Brockport	00:26.7	5:42:33	5:42:59	13:05
34	454	Dyan Rude	F	F35-39	36	Sayre	00:21.6	5:44:27	5:44:48	13:10
35	473	Renee Shay	F	F35-39	36	Sayre	00:21.5	5:58:22	5:58:44	13:42
36	488	Elizabeth Smith	F	F35-39	37	Rochester	00:10.9	6:12:08	6:12:18	14:13
37	646	Kathy Welkley	F	F35-39	38	North Rose	00:20.3	6:12:15	6:12:35	14:13
38	361	Mary Anne Morgan	F	F35-39	36	Rochester	00:27.6	6:16:36	6:17:04	14:24
39	559	Ellen Volpe	F	F35-39	36	Rochester	00:27.4	6:16:37	6:17:04	14:24
40	638	Barb Evans	F	F35-39	39	Spencerport	01:08.6	6:17:35	6:18:44	14:27
41	661	Annette Brenner	F	F35-39	38	Honeoye Falls	00:38.0	6:33:10	6:33:48	15:02
42	663	Kristine Hartlaub	F	F35-39	39	Antwerp	00:28.3	7:30:30	7:30:58	17:13

F40-44

1	150	Marlene DiSano	F	F40-44	43	Rochester	00:07.8	4:01:48	4:01:56	09:14
2	331	Kristina Matthews	F	F40-44	40	Fairport	00:10.6	4:11:33	4:11:44	09:36
3	523	Eileen Sweeney	F	F40-44	44	Syracuse	00:16.7	4:21:40	4:21:57	10:00
4	237	Kim Hill	F	F40-44	42	Victor	00:06.8	4:24:21	4:24:28	10:06
5	259	Carolyn Jackson	F	F40-44	40	Rochester	00:11.4	4:30:05	4:30:16	10:19
6	225	Lori Harnischfeger	F	F40-44	40	Penfield	00:14.9	4:34:22	4:34:37	10:29
7	650	Sandra Peters	F	F40-44	43	Geneseo	00:18.9	4:38:05	4:38:24	10:38
8	90	Elizabeth Carpenter	F	F40-44	42	Cazenovia	00:20.1	4:39:24	4:39:44	10:41
9	312	Robin Lorenzo	F	F40-44	44	Rochester	00:03.5	4:43:12	4:43:15	10:49
10	332	Lisa Mauger	F	F40-44	41	Fairport	00:18.3	4:54:49	4:55:07	11:16
11	164	Jennifer Elahi	F	F40-44	42	Rochester	00:23.6	4:55:35	4:55:58	11:18
12	348	Cathy McWhirt	F	F40-44	40	Mt. Pleasant	00:12.8	5:01:16	5:01:29	11:30
13	617	Dianne Gwynn	F	F40-44	41	Canandaigua	00:18.6	5:01:38	5:01:57	11:31
14	362	Margaret Morgenthaler	F	F40-44	40	Auburn	00:21.0	5:07:36	5:07:57	11:45
15	640	Kimberly Gaylord	F	F40-44	42	Avon	00:09.2	5:14:02	5:14:11	12:00
16	339	Colleen McCoy	F	F40-44	42	East Aurora	00:19.7	5:13:56	5:14:16	12:00
17	222	Laurie Hardy	F	F40-44	44	Fairport	00:15.5	5:22:42	5:22:58	12:20
18	50	Linda Bombard	F	F40-44	42	Canandaigua	00:18.8	5:34:31	5:34:49	12:47
19	428	Sharon Pudney	F	F40-44	43	Syracuse	00:16.6	5:36:22	5:36:38	12:51
20	656	Joann DiNoto	F	F40-44	43	Ontario	00:27.4	5:38:18	5:38:46	12:56
21	530	Holly Terzo	F	F40-44	41	Fairport	00:23.8	5:38:47	5:39:11	12:57
22	61	Stephanie Boyle	F	F40-44	40	Sayre	00:21.5	5:44:27	5:44:48	13:10
23	593	Christine Worsley	F	F40-44	43	Fairport	00:15.8	5:45:18	5:45:34	13:11
24	365	Jacqueline Mozrall	F	F40-44	44	Pittsford	00:15.8	5:45:18	5:45:34	13:11
25	414	Lisa Perticone	F	F40-44	41	Rochester	00:22.1	5:49:51	5:50:13	13:22
26	86	Heather Cappadonia	F	F40-44	44	Brockport	00:29.1	5:52:55	5:53:24	13:29
27	490	Nichole Smith	F	F40-44	44	Georgetown	00:30.2	5:58:09	5:58:39	13:41
28	194	Jennifer Geehrer	F	F40-44	40	Manlius	00:17.6	6:13:03	6:13:21	14:15

F45-49

1	230	Nancy Heilemann	F	F45-49	47	Clemson	00:11.2	4:13:06	4:13:17	09:40
2	576	Mary White	F	F45-49	45	Rochester	00:05.9	4:20:54	4:21:00	09:58
3	11	Terry Allen	F	F45-49	46	Penfield	00:14.4	4:31:25	4:31:40	10:22
4	643	Marcia Podhorecki	F	F45-49	48	Geneseo	00:18.7	4:38:26	4:38:44	10:38
5	438	Kathy Reardon	F	F45-49	47	Honeoy Falls	00:25.1	4:39:18	4:39:43	10:41
6	437	Patricia Ray	F	F45-49	45	Rochester	00:10.5	4:49:19	4:49:30	11:03
7	620	Deanna Simmons	F	F45-49	45	Fairport	00:24.6	4:51:12	4:51:36	11:08
8	672	Kathleen Rifkin	F	F45-49	45	Middletown	00:05.9	4:54:46	4:54:52	11:15
9	535	Corinne Thomson	F	F45-49	47	Alexandria Bay	00:16.2	4:56:24	4:56:40	11:19
10	57	Jean Botsoglou	F	F45-49	47	Lancaster	00:06.5	4:57:02	4:57:09	11:20
11	427	Carolyn Privitera-Gage	F	F45-49	47	West Henrietta	00:17.1	4:58:29	4:58:46	11:24

12	221	Lori Hannigan	F	F45-49	46	Spencerport	00:25.0	5:00:17	5:00:42	11:29
13	7	Susanna Adams	F	F45-49	47	Rochester	00:20.8	5:02:36	5:02:57	11:34
14	108	Karen Colvin	F	F45-49	46	Pittsfield	00:10.8	5:08:47	5:08:58	11:48
15	170	Mary-jo Farrell	F	F45-49	48	Pittsford	00:16.7	5:12:17	5:12:33	11:56
16	63	Mary Jo Braunschweiger	F	F45-49	46	Penfield	00:23.9	5:12:13	5:12:37	11:56
17	73	Jo Bussler	F	F45-49	46	Rochester	00:10.3	5:13:56	5:14:06	11:59
18	540	Donna Tosh	F	F45-49	48	Woodbine	00:10.7	5:24:43	5:24:54	12:24
19	41	Koralee Bernardo	F	F45-49	47	Rochester	00:19.7	6:19:55	6:20:14	14:31

F50-54

1	352	Alida Merrill	F	F50-54	50	Rochester	00:08.6	3:56:05	3:56:13	09:01
2	207	Janis Graham	F	F50-54	51	Ithaca	00:07.4	4:08:33	4:08:40	09:29
3	343	Cathy McKie	F	F50-54	50	Manlius	00:05.3	4:15:41	4:15:46	09:46
4	31	Marie Bartoletti	F	F50-54	51	Carnegie	00:05.2	4:34:09	4:34:14	10:28
5	402	Linda Owens	F	F50-54	50	Liverpool	00:10.0	4:53:38	4:53:48	11:13
6	334	Mary Agnes McAvoy	F	F50-54	50	Penfield	00:13.7	5:03:16	5:03:29	11:35
7	315	Karen Madalena	F	F50-54	51	Victor	00:11.8	5:08:13	5:08:25	11:46
8	139	Linda DePoint	F	F50-54	52	Palmyra	00:08.0	5:10:12	5:10:20	11:51
9	353	Cindy Millard	F	F50-54	54	Sayre	00:21.9	6:07:43	6:08:04	14:03

F55-59

1	233	Carol Hepler	F	F55-59	58	Eagle River	00:10.2	5:03:03	5:03:13	11:34
2	277	Linda Kelly	F	F55-59	56	Miami	00:04.2	5:11:40	5:11:44	11:54
3	234	Claudia Herman	F	F55-59	56	Rochester	00:09.0	5:12:22	5:12:31	11:56
4	531	Sue Thaine	F	F55-59	56	Oakfield	00:14.9	5:14:01	5:14:16	12:00
5	375	Valerie Myntti	F	F55-59	57	Rochester	00:07.2	6:09:13	6:09:20	14:06
6	504	Mary Stamp	F	F55-59	57	Macedon	00:05.9	6:56:48	6:56:53	15:55

F60-64

1	592	Susan Wong	F	F60-64	60	Glenmont	00:04.1	4:16:30	4:16:34	09:48
2	508	Mary Steinhauser	F	F60-64	63	LaSalle	00:18.7	6:00:14	6:00:33	13:46
3	665	Sompack Nissen	F	F60-64	60	Rochester	00:05.8	6:13:10	6:13:15	14:15
4	632	Cathy Triosi	F	F60-64	62	Cohoes	00:15.5	6:45:48	6:46:04	15:30

M18UNDER

1	217	Bobby Hallock	M	M18UNDER	18	Pittsford	00:01.4	3:07:41	3:07:43	07:10
2	670	Christopher Spohn	M	M18UNDER	18	Rochester	00:02.0	3:37:46	3:37:48	08:19
3	601	Soobin Yoon	M	M18UNDER	18	Brookline	00:23.6	5:07:39	5:08:02	11:45

M19-24

1	647	Jared Burdick	M	M19-24	22	Rochester	00:00.0	2:55:33	2:55:33	06:42
2	180	Terence Forrest	M	M19-24	24	Wakefield	00:03.4	3:10:42	3:10:45	07:17
3	76	Derek Call	M	M19-24	22	Downingtown	00:04.8	3:28:36	3:28:41	07:58
4	539	Seth Torrice	M	M19-24	20	Oswego	00:03.7	3:36:14	3:36:18	08:15
5	24	Alexander Baker	M	M19-24	21	Weedsport	00:14.5	3:38:02	3:38:16	08:20
6	137	Matt Densmore	M	M19-24	22	Canandaigua	00:09.9	3:38:16	3:38:26	08:20
7	275	Craig Keller	M	M19-24	23	West Seneca	00:15.3	3:45:16	3:45:31	08:36
8	214	Kurtis Gruters	M	M19-24	22	Flagstaff	00:11.7	3:45:38	3:45:49	08:37
9	366	Chris Muench	M	M19-24	22	Fairport	00:24.0	3:45:26	3:45:50	08:37
10	653	Patrick Brien	M	M19-24	22	East Rochester	00:03.3	3:46:19	3:46:22	08:38
11	241	Zachary Hisert	M	M19-24	21	Syracuse	00:14.2	3:47:46	3:48:00	08:42
12	256	Michael Insler	M	M19-24	24	Ellington	00:04.2	3:48:15	3:48:19	08:43
13	322	Bryce Mankowski	M	M19-24	19	Rochester	00:11.1	4:01:13	4:01:24	09:13
14	344	Robert McMahon	M	M19-24	20	Webster	00:03.2	4:08:57	4:09:01	09:30
15	510	Brett Sternfield	M	M19-24	19	Newton	00:27.9	4:13:08	4:13:36	09:41
16	678	Patrick Hilyer	M	M19-24	19	Lyons	00:12.6	4:31:12	4:31:24	10:22
17	393	Nathaniel Obler	M	M19-24	20	Milton	00:24.0	4:40:29	4:40:53	10:43
18	314	Scott Lykins	M	M19-24	22	Rochester	00:18.7	4:50:36	4:50:54	11:06
19	248	David Howe	M	M19-24	22	Utica	00:10.9	4:52:09	4:52:20	11:09
20	135	Michael DeMato	M	M19-24	24	NewYork	00:19.4	4:59:00	4:59:19	11:25
21	112	Thomas Cottorone	M	M19-24	23	Rochester	00:26.5	4:59:13	4:59:39	11:26
22	176	Matthew Fix	M	M19-24	24	Rochester	00:01.7	5:11:05	5:11:06	11:52
23	1999	William Sipprell	M	M19-24	21	Hamburg	00:37.4	5:15:55	5:16:32	12:05
24	1372	Aaron Gelinne	M	M19-24	21	Burke	00:37.4	5:15:55	5:16:33	12:05
25	117	A. Douglas Crescenzi	M	M19-24	24	Arlington	00:27.8	5:26:39	5:27:07	12:29
26	45	Alexander Bliss	M	M19-24	20	Rochester	00:19.7	6:12:49	6:13:08	14:15
25	46	Andrew Bliss	M	M19-24	19	Fredericksburg	00:20.2	6:13:37	6:13:57	14:16

M25-29

1	681	Mark Hryuniak	M	M25-29	25	Albion	00:00.0	2:51:54	2:51:54	06:34
2	622	Travis Earley	M	M25-29	26	Rochester	00:01.9	3:28:48	3:28:50	07:58
3	413	Tommy Perry	M	M25-29	27	Ithaca	00:11.4	3:39:55	3:40:06	08:24
4	30	Patrick Barry	M	M25-29	28	Ann Arbor	00:02.3	3:42:36	3:42:39	08:30
5	602	Andrew Young	M	M25-29	25	Seneca Falls	00:11.2	3:43:35	3:43:46	08:32
6	330	Brian Matthews	M	M25-29	27	Rochester	00:02.1	3:45:04	3:45:06	08:35
7	495	Seungmin Song	M	M25-29	26	Williamsville	00:22.5	3:44:49	3:45:12	08:36
8	597	Adam Wytko	M	M25-29	27	Columbia	00:19.3	3:46:39	3:46:58	08:40
9	364	Douglas Morrow	M	M25-29	25	Newton	00:21.6	4:00:52	4:01:14	09:12
10	451	Joshua Rossi	M	M25-29	25	Rochester ny	00:06.1	4:02:52	4:02:58	09:16
11	231	Alan Heins	M	M25-29	29	Rochester	00:08.3	4:05:39	4:05:47	09:23
12	151	Jeff Doell	M	M25-29	27	Rochester	00:08.1	4:09:51	4:10:00	09:33
13	415	Jonathan Petruccelli	M	M25-29	27	Rochester	00:25.6	4:12:29	4:12:54	09:39
14	482	Christopher Simons	M	M25-29	27	Ardmore	00:07.8	4:20:39	4:20:47	09:57
15	246	Chris Delaney	M	M25-29	28	Rochester	00:12.0	4:21:08	4:21:20	09:58
16	327	Adam Martin	M	M25-29	29	Princeton	00:07.8	4:25:10	4:25:17	10:08
17	267	Justin Jurs	M	M25-29	27	Ashland	00:10.2	4:29:17	4:29:27	10:17
18	564	Charles Watson	M	M25-29	28	Tonawanda	00:26.2	4:30:43	4:31:09	10:21
19	368	Mark Muoio	M	M25-29	26	Penfield	00:12.0	4:31:12	4:31:24	10:22
20	562	Nicholas Warner	M	M25-29	27	Hilton	00:13.5	4:32:38	4:32:52	10:25
21	22	Eric Averill	M	M25-29	28	Rochester	00:08.8	4:32:43	4:32:52	10:25

22	138	Christopher Dentinger	M	M25-29	25	North Tonawanda	00:04.7	4:34:12	4:34:16	10:28
23	317	Randy Magiera	M	M25-29	28	Fairport	00:11.1	4:34:36	4:34:47	10:29
24	662	Michael Miles	M	M25-29	27	Rochester	00:22.5	4:36:23	4:36:45	10:34
25	96	Brandon Chase	M	M25-29	29	New York	00:05.1	4:37:50	4:37:55	10:36
26	6	Richard Adams	M	M25-29	25	Rochester	00:12.5	4:41:16	4:41:28	10:45
27	448	James Rogers	M	M25-29	26	Geneseo	00:04.9	4:42:06	4:42:11	10:46
28	664	Brian Fryer	M	M25-29	25	Hamburg	00:02.4	4:43:35	4:43:37	10:50
29	358	Dave Mon	M	M25-29	25	Rochester	00:06.3	4:46:21	4:46:27	10:56
30	679	Duane Gardner	M	M25-29	28	Newark	00:26.4	4:48:37	4:49:03	11:02
31	548	Sherwin Valerio	M	M25-29	27	Woodbridge	00:28.4	4:52:37	4:53:05	11:11
32	521	Eric Swanberg	M	M25-29	29	Philadelphia	00:15.3	4:54:36	4:54:52	11:15
33	220	Justin Hankins	M	M25-29	26	Topeka	00:20.1	5:01:33	5:01:53	11:31
34	124	Eric Dahlquist Jr	M	M25-29	29	Winston-Salem	00:20.2	5:05:57	5:06:17	11:41
35	386	Nicholas Nilsen	M	M25-29	29	Rochester	00:20.3	5:08:07	5:08:27	11:46
36	97	Matthew Chase	M	M25-29	28	Watertown	00:09.7	5:17:11	5:17:21	12:07
37	588	Thomas Wisniewski	M	M25-29	25	North Tonawanda	00:05.1	5:21:27	5:21:32	12:16
38	159	Joseph Eberle II	M	M25-29	25	Adams	00:19.5	5:24:54	5:25:14	12:25
39	477	Patrick Shores	M	M25-29	27	Conshohocken	00:20.2	5:28:32	5:28:52	12:33
40	624	Chris Colangelo	M	M25-29	28	Penfield	00:24.1	5:33:06	5:33:30	12:44
41	355	John Miller	M	M25-29	29	Rochester	00:21.3	5:34:26	5:34:47	12:47
42	154	Jeffrey Drader	M	M25-29	25	Chicago	00:22.2	5:38:05	5:38:28	12:55
43	349	Andrew Meade	M	M25-29	27	Turners Falls	00:20.4	5:40:04	5:40:24	13:00
44	340	Ryan McElhiney	M	M25-29	29	Victor	00:14.0	5:45:26	5:45:40	13:12
45	291	Jim Lampman	M	M25-29	25	Cato	00:08.5	6:14:07	6:14:15	14:17

M30-34

1	329	Darren Mathis	M	M30-34	34	Penfield	00:01.4	3:19:27	3:19:28	07:37
2	645	David Ostrander	M	M30-34	34	Fairport	00:04.5	3:50:50	3:50:54	08:49
3	311	Chun Hong Lo	M	M30-34	30	Fairport	00:11.1	3:51:23	3:51:34	08:50
4	127	Dennis Danella	M	M30-34	33	W Henrietta	00:05.5	3:51:50	3:51:55	08:51
5	91	Devin Carr	M	M30-34	31	Reston	00:03.1	3:59:10	3:59:14	09:08
6	107	Michael Collins	M	M30-34	32	Churchville	00:03.9	4:14:43	4:14:47	09:43
7	671	Edward Tracey	M	M30-34	32	Rochester	00:22.9	4:21:27	4:21:50	10:00
8	610	Andrew Kingsley	M	M30-34	32	Rochester	00:21.0	4:22:36	4:22:57	10:02
9	621	Craig Feistel	M	M30-34	31	Farmington	00:12.1	4:24:47	4:24:59	10:07
10	648	Kevin Overton	M	M30-34	33	Rochester	00:27.0	4:28:47	4:29:14	10:17
11	274	Kevin Kehoe	M	M30-34	33	Rochester	00:18.2	4:30:19	4:30:37	10:20
12	243	Jeff Hoffman	M	M30-34	33	Fairport	00:19.1	4:31:20	4:31:39	10:22
13	581	Brendan Wiley	M	M30-34	33	Rochester	00:06.6	4:32:31	4:32:38	10:24
14	326	Charles Martelle	M	M30-34	31	Rochester	00:14.3	4:33:26	4:33:40	10:27
15	171	John Fegyveresi	M	M30-34	31	State College	00:11.0	4:33:44	4:33:55	10:27
16	283	Dan Kingsley	M	M30-34	31	Cazenovia	00:20.5	4:37:41	4:38:01	10:37
17	651	Brian Moore	M	M30-34	31	Pittsford	00:27.0	4:38:56	4:39:23	10:40
18	313	Chris Lovell	M	M30-34	31	Liverpool	00:19.6	4:39:09	4:39:28	10:40
19	265	Stuart Jordan	M	M30-34	32	Rochester	00:17.7	4:45:57	4:46:15	10:56
20	584	Scott Williams	M	M30-34	30	Macedon	00:09.7	4:47:04	4:47:14	10:58
21	155	Ron Dufort	M	M30-34	34	Rochester	00:06.9	4:49:18	4:49:25	11:03
22	591	Jason Womer	M	M30-34	30	Rochester	00:26.1	4:52:50	4:53:16	11:12
23	613	Kevin Richman	M	M30-34	33	Webster	00:07.8	4:54:50	4:54:57	11:15
24	374	Gregory Myers	M	M30-34	33	Rochester	00:04.7	4:58:27	4:58:31	11:24
25	81	Joseph Camillaci	M	M30-34	34	Hilton	00:18.0	5:00:30	5:00:48	11:29
26	494	Robert Sobaszek Jr.	M	M30-34	32	Blasdell	00:16.4	5:01:35	5:01:51	11:31
27	303	Chris Leverich	M	M30-34	33	Rochester	00:17.6	5:01:34	5:01:52	11:31
28	499	Matt Spear	M	M30-34	34	Manlius	00:28.6	5:11:18	5:11:46	11:54
29	400	Paul Ortiz	M	M30-34	31	East Islip	00:14.1	5:17:17	5:17:31	12:07
30	17	Nicholas Armstrong	M	M30-34	30	Brewerton	00:19.7	5:22:08	5:22:28	12:18
31	434	Matt Rankin	M	M30-34	34	Pittsford	00:03.9	5:22:39	5:22:43	12:19

32	9	Mark Albert	M	M30-34	30	Ithaca	00:15.1	5:22:58	5:23:13	12:20
33	484	Matt Sittler	M	M30-34	30	Rochester	00:13.9	5:24:05	5:24:19	12:23
34	196	David Germick	M	M30-34	30	Fairport	00:26.4	5:28:20	5:28:46	12:33
35	294	Eric Lanpher	M	M30-34	31	Hilton	00:23.0	5:31:42	5:32:05	12:41
36	680	Greg Hale	M	M30-34	32	Rochester	00:17.0	5:34:32	5:34:49	12:47
37	363	Andrew Morris	M	M30-34	30	Fairport	00:18.7	5:42:49	5:43:08	13:06
38	158	James Dzakowic	M	M30-34	34	Rochester	00:19.2	5:44:35	5:44:55	13:10
39	302	Ben Levendusky	M	M30-34	32	Gallupville	00:16.2	6:12:41	6:12:57	14:14
40	297	Timothy Leathers	M	M30-34	34	Spencerport	00:11.7	7:02:34	7:02:46	16:08

M35-39

1	497	Kurt Spaker	M	M35-39	37	Spencerport	00:01.2	3:03:56	3:03:58	07:01
2	69	Andrew Bucci	M	M35-39	35	Rochester	00:01.2	3:15:04	3:15:06	07:27
3	582	Chris Wilhelm	M	M35-39	37	Exeter	00:03.7	3:26:09	3:26:13	07:52
4	169	John Farrell	M	M35-39	39	Penfield	00:02.5	3:28:25	3:28:27	07:57
5	335	Scott McCann	M	M35-39	39	Lawrenceville	00:01.8	3:42:54	3:42:56	08:31
6	571	Kevin Westrich	M	M35-39	36	Fairport	00:04.5	3:43:34	3:43:39	08:32
7	399	Dan OMara	M	M35-39	39	Rochester	00:04.3	3:45:23	3:45:27	08:36
8	310	Edward Link	M	M35-39	35	Rochester	00:02.8	3:46:37	3:46:40	08:39
9	323	Paul Maopolski	M	M35-39	37	Narrowsburg	00:01.7	3:47:28	3:47:30	08:41
10	452	Michael Rossi	M	M35-39	39	Fairport	00:22.0	3:57:49	3:58:11	09:05
11	165	Alan Embrey	M	M35-39	37	Webster	00:02.9	4:05:35	4:05:38	09:23
12	254	James Iacobucci	M	M35-39	39	Pittsford	00:16.1	4:08:21	4:08:37	09:29
13	558	Andre Vitale	M	M35-39	39	Rochester	00:12.6	4:08:55	4:09:07	09:31
14	586	Kevin Wilmot	M	M35-39	35	Rochester	00:02.3	4:10:38	4:10:41	09:34
15	476	David Shiner	M	M35-39	37	St. Petersburg	00:04.3	4:15:32	4:15:37	09:45
16	257	John Inzinna	M	M35-39	38	Rochester	00:07.0	4:16:59	4:17:06	09:49
17	634	Jeff Bagley	M	M35-39	37	Sidney	00:06.2	4:18:38	4:18:44	09:53
18	104	Martin Coffey	M	M35-39	39	Pittsford	00:08.5	4:18:47	4:18:55	09:53
19	456	Mark Sands	M	M35-39	35	Webster	00:22.5	4:18:38	4:19:01	09:53
20	518	Daniel Sullivan	M	M35-39	37	Pittsford	00:07.6	4:29:15	4:29:23	10:17
21	133	Neal Delisanti	M	M35-39	36	Fairport	00:22.0	4:30:37	4:30:59	10:21
22	296	Mark Larson	M	M35-39	38	Rochester	00:03.5	4:33:17	4:33:20	10:26
23	218	Jeremy Hammond	M	M35-39	37	Macedon	00:26.4	4:36:45	4:37:11	10:35
24	122	Trevor Czudak	M	M35-39	36	Rochester	00:04.4	4:37:20	4:37:24	10:35
25	20	Dean Askin	M	M35-39	37	Geneva	00:17.2	4:37:20	4:37:37	10:36
26	12	Stephen Amato	M	M35-39	37	Rochester	00:13.7	4:39:50	4:40:03	10:41
27	264	Erik Jensen	M	M35-39	38	Orchard Park	00:16.7	4:40:37	4:40:54	10:43
28	190	David Gallipeau	M	M35-39	39	Rush	00:23.2	4:42:04	4:42:28	10:47
29	103	Steve Coburn	M	M35-39	39	East Garafraxa	00:12.6	4:42:32	4:42:45	10:48
30	372	Todd Murphy	M	M35-39	38	Bethel Park	00:42.6	4:44:42	4:45:25	10:54
31	5	Jerry Adams	M	M35-39	39	Cary	00:20.2	4:45:05	4:45:25	10:54
32	487	Daniel Smith	M	M35-39	35	Le Roy	00:03.1	4:45:34	4:45:37	10:54
34	125	Lou DAlessandris	M	M35-39	37	Akron	00:15.7	4:54:24	4:54:40	11:15
35	84	Daniel Campbell	M	M35-39	37	Penfield	00:17.4	5:09:49	5:10:06	11:50
36	79	Michael Callery	M	M35-39		Webster		5:12:09	5:12:09	11:55
37	321	Eric Malone	M	M35-39	37	Penfield	00:13.9	5:26:31	5:26:45	12:28
39	377	David Nau	M	M35-39	39	Spencerport	00:13.2	5:27:53	5:28:06	12:31
40	182	Todd Frank	M	M35-39	35	Spencerport	00:13.3	5:27:53	5:28:06	12:31
41	126	Kurt Dambaugh	M	M35-39	39	Rochester	00:11.0	5:29:06	5:29:17	12:34
42	100	Mark Clausen	M	M35-39	38	East Rochester	00:08.1	5:31:27	5:31:36	12:39
44	102	Michael Close	M	M35-39	37	Syracuse	00:16.4	5:33:56	5:34:12	12:45
45	219	Christopher Handy	M	M35-39	38	Fairport	00:25.8	5:49:03	5:49:29	13:20
46	574	Eric White	M	M35-39	37	Fairport	00:24.9	5:53:00	5:53:25	13:29
47	546	Emile Vaillancourt	M	M35-39	37	Palmyra	00:26.8	5:54:27	5:54:54	13:33
48	604	Chuck Zeitvogel	M	M35-39	37	Ontario	00:29.2	6:10:59	6:11:28	14:11
50	489	Leslie Smith	M	M35-39	39	Walworth	00:30.1	6:45:58	6:46:28	15:31

M40-44

1	439	David Redding	M	M40-44	40	Honeoye Falls	00:01.3	3:15:05	3:15:06	07:27
2	94	Matthew Chaffin	M	M40-44	40	Manlius	00:01.7	3:34:59	3:35:01	08:12
3	208	Steve Gramlich	M	M40-44	44	Rochester	00:01.8	3:39:04	3:39:05	08:22
4	14	Donny Andreas	M	M40-44	41	Seneca Falls	00:04.4	3:40:07	3:40:11	08:24
5	359	Ivan Morales Jr.	M	M40-44	42	Rochester	00:04.1	3:47:49	3:47:54	08:42
6	27	Phillip Banazek	M	M40-44	42	Watertown	00:06.4	3:49:28	3:49:35	08:46
7	15	Wayne Antinore	M	M40-44	41	Byron	00:05.2	3:49:39	3:49:45	08:46
8	669	Gregory Nunn	M	M40-44	44	Rochester	00:04.2	3:51:53	3:51:57	08:51
9	480	Brian Simon	M	M40-44	40	Rochester	00:02.6	3:55:57	3:55:59	09:00
10	561	Rob Walsh	M	M40-44	41	Ionia	00:11.0	3:56:06	3:56:17	09:01
11	534	Rick Thompson	M	M40-44	43	New Hartford	00:08.4	4:01:03	4:01:11	09:12
12	253	John Hutchings	M	M40-44	40	Rochester	00:03.4	4:02:58	4:03:02	09:17
13	143	Andy Desmann	M	M40-44	43	Pittsford	00:05.8	4:03:33	4:03:39	09:18
14	65	John BrindAmour	M	M40-44	42	Rochester	00:09.8	4:03:43	4:03:53	09:19
15	115	Richard Crandall	M	M40-44	41	New Hartford	00:08.4	4:03:47	4:03:56	09:19
16	611	Gregg Layer	M	M40-44	42	Fairport	00:03.8	4:04:12	4:04:16	09:19
17	630	Dan Persand	M	M40-44	40	Farmington	00:23.7	4:05:45	4:06:08	09:24
18	642	Bob Bradacs	M	M40-44	44	Rochester	00:15.1	4:06:24	4:06:39	09:25
19	423	Aron Pomerleau	M	M40-44	40	Webster	00:01.4	4:07:09	4:07:11	09:26
20	328	Peter Martini	M	M40-44	40	Penn Yan	00:16.2	4:08:56	4:09:12	09:31
21	618	Glen Siembor	M	M40-44	40	Victor	00:06.7	4:10:39	4:10:46	09:34
22	637	Andrew Rice	M	M40-44	42	Canandigua	00:01.8	4:11:00	4:11:01	09:35
23	398	David Olson	M	M40-44	42	Rochester	00:13.8	4:11:31	4:11:45	09:37
24	111	James Cornell	M	M40-44	42	Rochester	00:11.7	4:11:46	4:11:58	09:37
25	460	Bryan Schaefer	M	M40-44	43	Clarence Center	00:13.7	4:14:40	4:14:53	09:44
26	215	Carmen Gumina	M	M40-44	43	Webster	00:03.4	4:20:42	4:20:45	09:57
27	547	Gregory Vaillancourt	M	M40-44	41	Brockport	00:06.1	4:21:58	4:22:04	10:00
28	54	Chris Boshnack	M	M40-44	42	Rochester	00:05.5	4:22:50	4:22:56	10:02
29	110	Roy Corcoran	M	M40-44	44	Brockport	00:09.3	4:25:31	4:25:40	10:08
30	224	Ronald Harling, Jr	M	M40-44	41	Churchville	00:22.6	4:28:08	4:28:30	10:15
31	56	Pete Bothner	M	M40-44	44	Pittsford	00:11.9	4:28:58	4:29:10	10:16
32	338	Kevin McCormick	M	M40-44	44	Marcellus	00:09.6	4:29:43	4:29:53	10:18
33	533	Todd Thierer	M	M40-44	44	Pittsford	00:08.6	4:31:34	4:31:42	10:22
34	188	Jim Gabalski	M	M40-44	42	Webster	00:11.5	4:32:25	4:32:36	10:24
35	667	Dennis Smyth	M	M40-44	42	Pittsford	00:25.2	4:33:44	4:34:09	10:28
36	149	Gary Dill	M	M40-44	43	Rochester	00:03.3	4:34:29	4:34:32	10:29
37	304	Steven Levitsky	M	M40-44	41	Rochester	00:05.9	4:36:50	4:36:56	10:34
38	395	John OConnor	M	M40-44	42	West Henrietta	00:14.7	4:39:04	4:39:19	10:40
39	367	Jerry Mullens	M	M40-44	41	Weirton	00:14.5	4:39:19	4:39:33	10:40
40	469	Ron Sember	M	M40-44	41	Rochester	00:17.7	4:39:58	4:40:16	10:42
41	273	Edward Keegan	M	M40-44	41	Fairport	00:06.5	4:43:52	4:43:58	10:50
42	623	Mark Jemler	M	M40-44	40	Rochester	00:08.2	4:44:20	4:44:29	10:51
43	351	Ken Merkel	M	M40-44	43	Hilton	00:02.9	4:45:30	4:45:33	10:54
44	52	James Bongard	M	M40-44	43	Webster	00:14.7	4:45:59	4:46:14	10:55
45	212	Alex Greenberg	M	M40-44	40	Clifton Park	00:15.9	4:46:48	4:47:04	10:57
46	88	Sean Carnahan	M	M40-44	44	Rochester	00:04.8	4:48:15	4:48:20	11:00
47	113	Tony Coulson	M	M40-44	40	Zionsville	00:10.5	4:52:58	4:53:09	11:11
48	289	Robert LaMarca, Jr.	M	M40-44	42	Upper Marlboro	00:05.1	4:54:32	4:54:37	11:15
49	345	David McManus	M	M40-44	44	Rochester	00:12.8	4:58:03	4:58:15	11:23
50	383	David Nichols	M	M40-44	41	Fairport	00:10.4	5:01:12	5:01:22	11:30
51	641	Louis Iovoli	M	M40-44	43	Victor	00:09.3	5:01:48	5:01:57	11:31
52	475	Martin Sheehan	M	M40-44	42	West Palm Beach	00:17.3	5:04:44	5:05:01	11:39
53	567	Kipp Wendland	M	M40-44	43	Honeoye Falls	00:06.6	5:05:18	5:05:24	11:39
54	179	Arnold Ford, Jr.	M	M40-44	42	Rochester	00:18.4	5:05:18	5:05:36	11:40
55	228	Mark Hedberg	M	M40-44	44	Hilton	00:21.0	5:06:21	5:06:42	11:42

56	223	William Hardy	M	M40-44	43	Fairport	00:15.5	5:08:19	5:08:34	11:47
57	370	Jim Murphy	M	M40-44	40	Fairport	00:16.8	5:08:53	5:09:10	11:48
58	288	Robert LaLonde	M	M40-44	40	Ithaca	00:12.3	5:13:04	5:13:16	11:57
59	98	Andrew Ciaio	M	M40-44	43	Victor	00:11.3	5:13:23	5:13:34	11:58
60	120	Pat Curran	M	M40-44	43	Rochester	00:12.2	5:13:48	5:14:00	11:59
61	324	Alan Marciano	M	M40-44	42	Spencerport	00:34.1	5:16:58	5:17:32	12:07
62	515	Troy Strong	M	M40-44	44	Atlanta	00:07.4	5:20:06	5:20:13	12:13
63	572	David Wettergreen	M	M40-44	42	Pittsburgh	00:23.5	5:22:46	5:23:10	12:20
64	682	Michael Schiff	M	M40-44	43	Meulo Park	00:12.1	5:23:34	5:23:46	12:21
65	458	Jeffrey Sawyer	M	M40-44	42	Memphis	00:18.0	5:39:14	5:39:32	12:58
66	109	Robert Commisso	M	M40-44	42	Pittsford	01:06.3	5:38:49	5:39:55	12:58
67	403	Lance Palmer	M	M40-44	40	Pittsfield	00:10.8	5:41:49	5:41:59	13:03
68	554	David Vaughn	M	M40-44	43	Rush	00:27.9	5:50:37	5:51:04	13:24
69	72	Douglas Bush	M	M40-44	41	Chenango Forks	00:27.8	5:54:50	5:55:18	13:34
70	285	Fred Krampe	M	M40-44	44	Hilton	00:21.8	6:02:20	6:02:42	13:51
71	42	Jeff Bertrand	M	M40-44	41	Penfield	00:18.2	6:05:07	6:05:25	13:57
72	74	Thomas Butler	M	M40-44	43	Rochester	00:19.7	7:08:57	7:09:17	16:23

M45-49

1	247	Ed Housel	M	M45-49	49	Rochester	00:01.9	3:09:15	3:09:17	07:13
2	320	Eric Maki	M	M45-49	46	Cortland	00:00.0	3:10:22	3:10:22	07:16
3	261	Terry Jarrell	M	M45-49	47	Stoney Creek	00:01.2	3:13:52	3:13:53	07:24
4	552	John VanKerkhove	M	M45-49	46	Rochester	00:01.0	3:17:08	3:17:09	07:31
5	157	Tim Dwyer	M	M45-49	48	Rochester	00:02.8	3:23:39	3:23:42	07:46
6	251	Rob Hudyncia	M	M45-49	46	Fort Plain	00:01.5	3:33:15	3:33:16	08:08
7	635	John Barott	M	M45-49	48	Canandigua	00:08.5	3:36:43	3:36:51	08:17
8	626	Travis Ichikawa	M	M45-49	45	Rochester	00:09.0	3:37:28	3:37:37	08:18
9	468	Keith Scott	M	M45-49	46	LeRoy	00:01.9	3:38:51	3:38:53	08:21
10	654	Mike Sopinski	M	M45-49	48	Binghamton	00:15.6	3:38:43	3:38:59	08:21
11	197	Daniel Giblin	M	M45-49	46	Rochester	00:02.3	3:48:18	3:48:20	08:43
12	486	Bruce Smith	M	M45-49	47	Burlington	00:07.3	3:55:41	3:55:49	09:00
13	649	Joe Haungs	M	M45-49	46	Hilton	00:00.0	4:02:11	4:02:11	09:15
14	129	Todd Dappen, Sr.	M	M45-49	46	Marion	00:08.5	4:03:57	4:04:06	09:19
15	501	Ronald Spencer	M	M45-49	49	Central Square	00:29.1	4:05:43	4:06:13	09:24
16	48	Robert Block	M	M45-49	48	Rochester	00:17.9	4:07:03	4:07:21	09:26
17	295	Marty Larch	M	M45-49	48	Rochester	00:12.5	4:07:38	4:07:50	09:28
18	659	Dennis Dwyer	M	M45-49	46	Batavia	00:04.0	4:11:55	4:11:59	09:37
19	429	Todd Putnam	M	M45-49	45	Victor	00:05.6	4:15:32	4:15:37	09:45
20	173	Richard Field	M	M45-49	45	Nedrow	00:03.7	4:20:48	4:20:52	09:57
21	529	Gregg Tefft	M	M45-49	46	Watertown	01:02.1	4:19:50	4:20:52	09:57
22	657	Steve Mikos	M	M45-49	46	Wheatfield	00:02.1	4:21:35	4:21:37	09:59
23	384	Jim Nickles	M	M45-49	48	Rochester	00:04.7	4:22:51	4:22:56	10:02
24	342	John McGowan	M	M45-49	49	Fairport	00:04.8	4:25:40	4:25:45	10:09
25	418	Michael Piccirillo	M	M45-49	46	Rexford	00:13.5	4:26:38	4:26:52	10:11
26	209	Dan Gravelle	M	M45-49	45	Newburyport	00:05.0	4:32:14	4:32:19	10:24
27	211	Jeffery Greeley	M	M45-49	46	Randolph	00:13.0	4:33:02	4:33:15	10:26
28	293	Mark Laniak	M	M45-49	47	West Henrietta	00:05.8	4:35:00	4:35:06	10:30
29	286	Stephen Dewhurst	M	M45-49	45	Rochester	00:21.6	4:43:15	4:43:37	10:49
30	563	Christopher Washburn	M	M45-49	46	Newark	00:04.7	4:50:27	4:50:32	11:05
31	191	Richard Gammons	M	M45-49	48	Webster	00:09.6	4:52:27	4:52:36	11:10
32	119	Darren Crossett	M	M45-49	47	Fulton	00:09.6	4:53:06	4:53:16	11:12
33	141	Michael Derleth	M	M45-49	49	Fairport	00:05.9	5:00:42	5:00:48	11:29
34	140	Steve Derks	M	M45-49	45	W. Henrietta	00:09.6	5:01:25	5:01:35	11:31
35	239	Mark Hill	M	M45-49	46	Lafayette	00:09.8	5:02:54	5:03:04	11:34
36	123	Roger Dahl	M	M45-49	48	Hilton	00:16.9	5:06:10	5:06:27	11:42
37	629	Art Eichas	M	M45-49	49	Hilton	00:07.2	5:10:26	5:10:33	11:51
38	66	Miles Brkovich	M	M45-49	47	Greensburg	00:05.3	5:12:54	5:12:59	11:57

39	199	Paul Girouard	M	M45-49	49	Pittsford	00:23.1	5:12:54	5:13:17	11:57
40	526	Chuck Taub	M	M45-49	49	Rochester	00:20.9	5:18:08	5:18:29	12:09
41	555	Kurt Vay	M	M45-49	49	Rochester	00:18.8	5:24:39	5:24:58	12:24
42	192	Bob Gates	M	M45-49	47	Hamlin	00:22.6	5:26:00	5:26:22	12:27
43	397	Anthony Ognissanti	M	M45-49	48	Penfield	00:13.1	5:27:53	5:28:06	12:31
44	655	John Crilly	M	M45-49	48	Pittsford	00:09.8	5:33:46	5:33:56	12:45
45	118	Thomas Crilly	M	M45-49	46	Rochester	00:03.9	5:43:55	5:43:59	13:08
46	644	Bob Lonsberry	M	M45-49	49	Mt. Morris	00:14.2	5:44:08	5:44:23	13:09
47	49	John Boersma	M	M45-49	47	Pittsford	00:18.1	5:51:52	5:52:10	13:27
48	677	Bruce Bradley	M	M45-49	48	Remsenburg	00:11.5	5:52:48	5:53:00	13:28
49	252	Roy Husung	M	M45-49	49	Rush	00:13.1	5:55:38	5:55:51	13:35
50	32	Duane Basch	M	M45-49	48	Honeoye Falls	00:21.1	6:19:21	6:19:42	14:30

M50-54

1	132	Jim Deignan	M	M50-54	50	Rochester	00:03.2	3:42:50	3:42:53	08:30
2	51	Mark Bomhower	M	M50-54	51	Waterloo	00:02.9	3:48:47	3:48:50	08:44
3	33	Donald Basso	M	M50-54	53	Hopedale	00:00.0	3:50:20	3:50:20	08:47
4	262	Harold Jarvis	M	M50-54	53	Hopedale	00:00.0	3:54:09	3:54:09	08:56
5	235	Joseph Hewitt	M	M50-54	54	Burlington	00:03.1	3:58:56	3:58:59	09:07
6	3	Brian Adams	M	M50-54	50	Rochester	00:20.7	4:16:29	4:16:50	09:48
7	10	Bob Allen	M	M50-54	50	Weatherford	00:27.5	4:21:19	4:21:47	09:59
8	441	Charlie Reller	M	M50-54	53	Manlius	00:04.9	4:27:33	4:27:38	10:13
9	300	Rick Lemcke	M	M50-54	54	Hilton	00:15.7	4:28:39	4:28:54	10:16
10	146	Douglas DeWeaver	M	M50-54	50	Newark	00:08.0	4:29:29	4:29:37	10:17
11	596	Glenn Wygant	M	M50-54	51	Clarence	00:13.8	4:31:42	4:31:56	10:23
12	306	Scott Lewis	M	M50-54	54	North Chili	00:20.8	4:33:05	4:33:26	10:26
13	44	Bill Beyerbach	M	M50-54	53	Rochester	00:12.3	4:33:56	4:34:09	10:28
14	543	David Tuczynski	M	M50-54	54	Cheektowaga	00:03.4	4:34:51	4:34:54	10:30
15	587	Stephen Wilson	M	M50-54	51	Rochester	00:03.3	4:37:38	4:37:42	10:36
16	106	Jim Collins	M	M50-54	54	Sarasota	00:10.1	4:38:39	4:38:49	10:39
17	99	Salvatore Ciulo	M	M50-54	50	Watertown	00:14.3	4:48:30	4:48:44	11:01
18	13	Steve Anderson	M	M50-54	53	Rochester	00:10.3	4:52:18	4:52:29	11:10
19	298	Mark Lehman	M	M50-54	54	Honeoye Falls	00:25.9	5:01:03	5:01:29	11:30
20	532	James Tharrett	M	M50-54	50	Rochester	00:15.6	5:04:11	5:04:26	11:37
21	512	Greg Stewart	M	M50-54	50	Olean	00:15.7	5:04:16	5:04:32	11:37
22	542	Charlie Tripple	M	M50-54	53	Indapolis	00:12.8	5:08:56	5:09:09	11:48
23	612	Frank Michaels	M	M50-54	50	Apalachin	00:30.8	5:10:20	5:10:50	11:52
24	227	Paul Hebert	M	M50-54	50	Hilton	00:29.0	5:13:49	5:14:18	12:00
25	466	James Scordo	M	M50-54	50	Watertown	00:11.5	5:14:17	5:14:28	12:00
26	396	Dale ODell	M	M50-54	54	Rochester	00:20.2	5:17:02	5:17:22	12:07
27	585	Jay Williams	M	M50-54	54	Lombard	00:18.1	5:34:02	5:34:20	12:46
28	92	Bruce Catter	M	M50-54	54	East Aurora	00:10.6	5:34:39	5:34:49	12:47
29	37	William Beck	M	M50-54	52	Rochester	00:22.7	5:48:39	5:49:01	13:19
30	455	Geoffrey Rummel	M	M50-54	50	Pittsford	00:17.6	5:48:58	5:49:15	13:20
31	47	Foster Bliss	M	M50-54	52	Fredericksburg	00:19.4	6:13:38	6:13:57	14:16
32	268	Jim Kaiser	M	M50-54	50	Webster	00:14.8	6:19:46	6:20:01	14:30

M55-59

1	203	Tim Gorzynski	M	M55-59	58	Newark	00:09.4	3:59:02	3:59:11	09:08
2	198	Marc Gillespie	M	M55-59	55	Rochester	00:02.7	3:59:50	3:59:53	09:09
3	527	James Taylor	M	M55-59	55	Lake Zurich	00:17.9	4:21:35	4:21:53	10:00
4	392	Charles Oatman	M	M55-59	56	Etobicoke	00:14.9	4:22:16	4:22:31	10:01
5	500	Gary Spehar	M	M55-59	55	North Canton	00:11.9	4:34:04	4:34:16	10:28
6	565	Dave Weiss	M	M55-59	59	Corning	00:17.0	4:43:16	4:43:33	10:49
7	603	John Yunker	M	M55-59	55	Wayland	00:17.7	4:44:38	4:44:55	10:52
8	380	David Newman	M	M55-59	55	Honeoye Falls	00:08.0	4:56:17	4:56:25	11:19
9	229	Stephen Hedges	M	M55-59	59	Rochester	00:08.9	5:00:13	5:00:21	11:28

10	116	Rick Crawshaw	M	M55-59	57	Pittsford	00:13.4	5:04:34	5:04:48	11:38
11	553	Kenneth Vanslette	M	M55-59	59	Daytona Beach	00:09.7	5:15:38	5:15:48	12:03
12	202	David Goodsell	M	M55-59	57	Niagara Falls	00:25.8	5:33:48	5:34:14	12:45
13	580	John Wilbert	M	M55-59	57	Macedon	00:27.3	5:38:18	5:38:46	12:56
14	551	Thomas Vanderhoff	M	M55-59	58	Jamestown	00:18.3	6:13:50	6:14:09	14:17

M60-64

1	249	Roger Howe	M	M60-64	60	Rochester	00:07.7	4:14:50	4:14:58	09:44
2	545	Gary Updyke	M	M60-64	60	Pittsford	00:23.3	4:26:42	4:27:05	10:12
3	333	Anthony Mazza	M	M60-64	63	Binghamton	00:29.6	5:11:30	5:11:59	11:54
4	39	Joseph Bello	M	M60-64	63	Rochester	00:16.2	5:16:33	5:16:49	12:06
5	608	John Geren	M	M60-64	64	Clifton Park	00:15.4	5:18:21	5:18:37	12:10
6	269	Chester Kalb II	M	M60-64	62	Key West	00:06.4	5:38:53	5:39:00	12:56

M65-69

1	404	Jim Palmeri	M	M65-69	66	Rochester	00:19.7	4:25:10	4:25:30	10:08
2	16	Herm Archunde	M	M65-69	65	Newark	00:04.7	4:41:20	4:41:24	10:44
3	446	Ira Robinson	M	M65-69	68	Texarkana	00:18.6	5:11:19	5:11:38	11:54
4	513	John Stirling	M	M65-69	66	Watertown	00:14.1	5:38:23	5:38:37	12:55
5	507	Cyril Steinhauser	M	M65-69	66	LaSalle	00:28.6	6:05:35	6:06:03	13:58
6	183	Robert Friedline	M	M65-69	66	East Amherst	00:25.3	6:15:50	6:16:16	14:22
7	483	James Simpson	M	M65-69	66	Huntington Beach	00:09.1	6:33:16	6:33:25	15:01

M70UP

1	410	Carl Pegels	M	M70UP	75	Buffalo	00:04.3	5:07:41	5:07:45	11:45
2	549	Chuck Van Duzee	M	M70UP	71	Bradenton	00:16.1	5:17:20	5:17:37	12:07
3	517	George Stump	M	M70UP	71	Cincinnati	00:05.5	6:15:26	6:15:31	14:20